



YOU PART

Engage. Connect. Empower

YES, AND...?

FACTS

GOALS

ADDITIONAL INFORMATIONS

MATERIALS

PREPARATIONS

INSTRUCTIONS

YES, AND...?

FACTS

Age of participants: at least 12

Number of participants: 5-30

Duration: 15-30 minutes

GOALS

This is a brainstorming method. It helps participants to start focusing on the topics of the workshop; it promotes the creation of a group and a common ground key topic. Moreover, it is an easy and accessible method, suitable for difficult groups and reserved youth. The use of the expression “Yes, and...” to collect inputs from participants supports the idea that everyone’s opinion is valid and even more, it contributes to the creation of a collective mosaic.

ADDITIONAL INFORMATIONS FOR THE FACILITATOR

The method can be adapted to any kind of topic.

The method can be adapted to online workshops, by using digital board such as:

Miro, Mural or Canva.

MATERIALS

flipchart or black board and markers.

PREPARATIONS

1. Prepare the space for the participants to sit (a frontal disposal or a circle are both fine).
2. Prepare the board (poster or blackboard) and write on top the topic and then “Yes, and..?”.

INSTRUCTIONS

Step 1

The youth worker first presents the topic of the workshop.

Step 2

The facilitator asks each participant to say one word that, according to him/her, represents the topic. There is no need to follow a specific order, each participant can express himself/herself whenever he/she has a word in mind. The youth worker will write the words in the flipchart or black board and will draw an arrow connecting one word to the following one, and ask the rest of the group “Yes, and...?”.

Step 3

Finally, a chain of words will be drawn, and it will be the basis for the next activities. Facilitators can reflect upon the words that came into mind and stress how any topic can be multilayered and complex.



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