



# YOU PART

Engage. Connect. Empower

## **BEFORE & AFTER**

**FACTS**

**GOALS**

**MATERIALS**

**PREPARATIONS**

**INSTRUCTIONS**

# **BEFORE & AFTER**

## **FACTS**

**Age** of participants: 15+

**Number** of participants: 10+

**Duration:** 30 minutes

## **GOALS**

The goal is to evaluate participants' expectations and assess whether the activity and the facilitators were well-prepared, while gathering feedback on the experience to enable future improvements.

## **MATERIALS**

Flipcharts, post-it notes, markers

## **PREPARATIONS**

Set up two flipcharts – one labeled "*Expectations*" and the other labeled "*Expectations Met*". Provide participants with post-it notes and markers.

# **INSTRUCTIONS**

## **Step 1 – before the activity**

- Ask participants to write their expectations about the activity and competences they will gain on post-it notes.
- Have participants stick their post-it notes on the "Expectations" flipchart.

## **Step 2 – during the activity**

- Conduct the main activity as planned.

## **Step 3 – after the activity**

- Instruct participants to move their post-it notes from the "Expectations" flipchart to the "Expectations Met" flipchart if their expectations were met.
- If expectations were not met, participants leave their post-it notes on the "Expectations" flipchart.
- Gather additional feedback by providing participants with flipcharts where they can stick post it notes with additional feedback. Maybe they gained something they did not expect before the activity?
- Encourage participants to share their thoughts and feedback using the provided flipcharts in a group discussion.

## **Step 4 – Expectations check**

- Review the post-it notes on both flipcharts to assess whether expectations were met.
- Based on the feedback received, consider making adjustments to the activity structure, the content or the facilitation approach.



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## PROJECT PARTNERS



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