



YOU PART

Engage. Connect. Empower

THE HAND

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THE HAND

FACTS

Age of participants: 13+

Number of participants: Scalable

Duration: depends on the number of participants

GOALS

The Hand can be used at the end of an activity, workshop or seminar – the participants independently reflect on what they have learned, what they are taking away or what they were missing.

Each participant reflects on the benefits of the activity using the so-called Hands, i.e. they draw their own hand on paper and write their evaluation of the activity according to the given description for each finger. Participants will evaluate the activity and reflect on the most interesting insights they take away from this activity.

MATERIALS

A5/A4 papers (one for each participant), flipchart or whiteboard and markers or powerpoint presentation with a picture of the hand and descriptions of the fingers.

PREPARATIONS

Explain the procedure and draw or show the picture of the hand with the description of each finger:

PINKY - SURPRISE

RING FINGER - WILL REMEMBER

MIDDLE FINGER - WASN'T WORTH (ANYTHING)

INDEX FINGER - INTERESTING

THUMB - AWESOME

Now you can explain in your own words what each finger means:

PINKY - *what surprised me the most*

RING FINGER - *what I will remember*

MIDDLE FINGER - *what could be better*

INDEX FINGER - *what I would like to highlight, to emphasise*

THUMB - *what was really cool*

INSTRUCTIONS

Step 1

Participants trace their hand and write their feedback on each finger.

Step 2

At the end, thank all participants and collect the papers.

For a playful finishing, you can add that all fingers together make a high-five. So let's finish with a high-five!



ADDITIONAL INFORMATION FOR FACILITATORS

Usually this evaluation method is used anonymously. However, in some specific situations it can also be signed by the participants – for example to get back to some of them and get a further or deeper evaluation.



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PROJECT PARTNERS



Co-funded by
the European Union

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